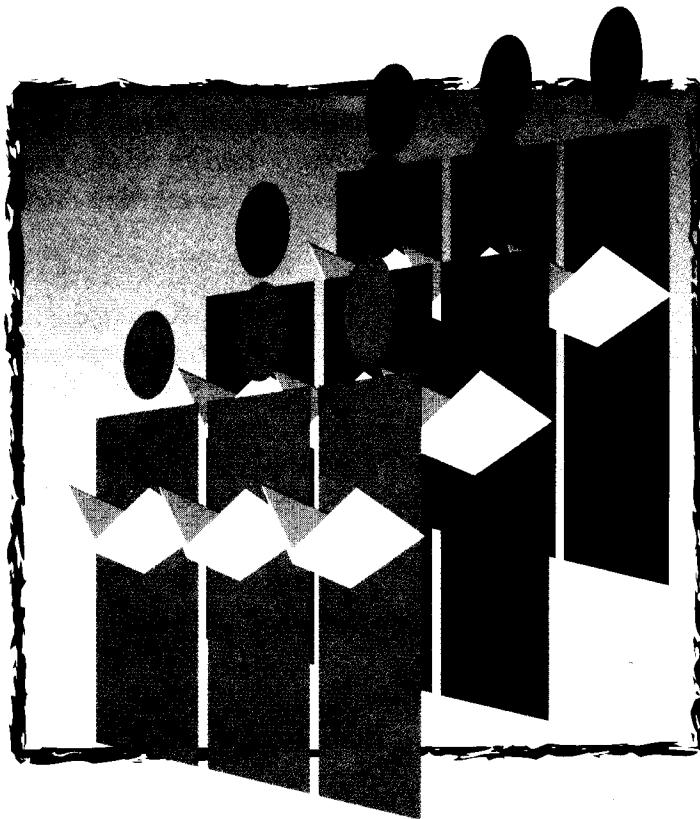


OMNIA SOL

(LET YOUR HEART BE STAID)

Z. RANDALL STROOPE

SATB
Edition



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About this piece....

“**Omnia Sol**” goes beyond the obvious subject of a farewell or “song of parting,” although it certainly has that as an integral aspect. From a deeper perspective, it is a reflection on the constant passage of events and people in life’s continuum, and the human need to anchor words of love and commitment in the hearts of those who have been pillars along life’s way. In that manner, the ever-changing chaos of life seems to find a piece of solid ground in the simple assurance that one is hardly alone; rather, life is a mosaic made up of visual images, conversations, laughter, love, sorrow, and experiences too numerous to count—all as a result of one’s interaction with other human beings from the moment of birth. One’s life has an inseparable kinship with others. The metaphor for that kinship in this piece is “omnia sol” (or “everywhere light” [sun]), and that kinship or light is perpetuated by our daily investing and leaving a bit of ourselves in every soul we encounter. Though we mature and “move on,” part of us is “staid” in the hearts and minds of those we chance to meet.

The text is macaronic (the mixing of two languages) in that the English poetry contains a brief verse of Latin found in the poetry of *Carmina Burana*:

Omnia sol temperat, absens in remota.

(*The sun warms everything, even when I am far away.*)

awm-nee-ah sawl tehm-peh-raht ahbsehns een reh-maw-tah

Ama me fideliter, fidem mean noto.

(*Love me faithfully, and know that I am faithful.*)

ah-mah meh fee-deh-lee-tehr fee-dehm meh-ahn naw-taw

Z. Randall Stroope is widely known as a conductor, lecturer and composer. Choral groups under his direction have taken nearly 60 national and international tours to locations including Japan, England, South Africa, China, Sweden, Russia, Finland, the Baltics, eastern Europe, Canada and beyond. He annually conducts several All-State choirs, as well as groups appearing in Carnegie Hall, Lincoln Center and summer festivals in Europe. His choral works are recorded on *Passages, Vol. I & II: The Choral Works of Z. Randall Stroope*. See www.zrstroope.com for further information.

Heritage Music Press has published three additional works by Dr. Stroope:

Inscription of Hope: SATB (15/1085H)

Three-part Mixed (15/1316H)

Two-part (15/1081H)

Score and Parts for String Quartet and Oboe (30/2067H)

Performance/Accompaniment CD (99/1953H)

Passage: SATB (15/1561H)

The Poet Sings: SSA (15/1376H)

Omnia Sol

(Let Your Heart be Staid)

SATB Chorus and Piano*

Words and Music by
Z. Randall Stroope

Ranges: Soprano Alto Tenor Bass



With deep sincerity $\text{♩} = \text{ca. } 66$

mf Let the melody sing!

5 SA

TB *mp*

Some-where far from no-where, I grew both strong and tall,

Duration: approx. 4:25

*Also available for SSA (15/2135H).

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7

Long-ing to be-come, but know-ing not the path at all.

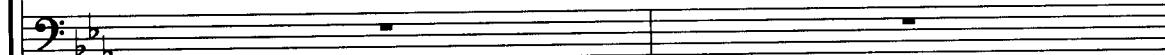
8

10

9

mp

But the foot-prints of the win-ter melt-ed to fields of spring;



12

11

mf

One last em-brace be-fore I cross the thresh-old:

mf

13

To life we sing!

poco rit.

poco rit.

15 *a tempo f very expressive, full sound*

O stay your soul and leave my heart its song,

a tempo f very expressive, full sound

f a tempo

17

O stay your hand, the jour - ney may be long.

f

20

6
19

And when we part— and sor - row can't be sway'd,
Re-

mf

21

22 translation: The sun
f

mem-ber when and let your heart be staid.*
Om - ni - a sol -

f

mf *p*

24

25
26

warms everything, even when I am far away.

tem - per-at, ab - sens in re - mo - ta.

f

*staid - classic poetic word for anchored, fixed, or immovable.

Love me faithfully,

and know that I am

7

27

A - ma me fi - de - li-ter, fi - dem me - an

28

29

faithful.

mf

31

32

33

no - to.

mf

30

no - to.

31

32

33

Weave the dance and raise the cho - rus, grieve no more.

34

mp

Dance and sing and grieve no more.

34

mp

Dance and sing and grieve no more.

15/2134H-7

8
36 Through the strength of O - ri-on* find re-fuge from the shore.

Through O - ri-on find re - fuge from the shore.

mf

38

mf

Let cour-age be your oar, let pas-sion be your sail.

40

Song over

Wis - dom and Truth will guide your deep heart's yearn-ing.

*Son of Neptune and mighty hunter of the sea.

42 A

poco rit.

SA *a tempo f*

through all trav - ail.

poco rit.

a tempo *f*

O stay your soul and leave my

f a tempo

10 11

45

heart its song, O stay your hand, — the jour-ney may be long.

mf

And when we part — and sor - row can't be sway'd, Re -

mf

15/2134H-9

10



Om - ni - a sol -



mf

54

tem - per - at, ab - sens in re - mo - ta.

55

57

A - ma me fi - de - li - ter, fi - dem me - an no - to.

mf

SI, SII

60 *f*

Om - ni - a sol tem - per - at!

A *ff*

O stay your soul and leave my heart its song,

T *f*

Om - ni - a sol tem - per - at!

B *ff*

O stay your soul and leave my heart its song,

62

A - ma!

O stay your hand, the jour - ney may be long.

A - ma!

O stay your hand, the jour - ney may be long.



SA ***ff*** TB ***ff***

And when we part and sor - row can't be sway'd,
poco rit.

Re -

ff *poco rit.* ***mp***

66 *a tempo* ***mp*** , 67 68 ,

a tempo Re-mem-ber when _____ and let your heart be
 mem-ber when _____ and let your heart be

a tempo

69 rit. ***p*** 1-2 singers

staid, _____ be staid.
 rit. ***p***

staid, _____ be staid.

rit. ***p***